



GYMNASTICS DAY CAMP

5 days of intensive Gymnastics training

Each session will include

- ⊙ Warm up
- ⊙ Floor Tumbling
- ⊙ Bars
- ⊙ Beam
- ⊙ Vault
- ⊙ Trampoline / Tumble Tramp
- ⊙ Cool down and stretching
- ⊙ All sessions taught by EKGA Gymnastics Coaches accredited with Gymnastics Australia

Book online
www.ekga.gymnastics.org.au
or give us a call on
9336 4077

3 Streams available:

- A) Kids on waiting lists / new to Gymnastics
- B) EKGA Beginner and Level 1 Gymnasts
- C) EKGA Level 2 and 3 Gymnasts

Dates

Monday to Friday
January 15-19, 2018

Times

10.30am-12.30pm
Monday to Friday

Cost

\$150.00 for the
week long program